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Foot & Leg Protection – Part I

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TOPIC: Foot & Leg Protection - Part I

Be Prepared

Foot and leg protection should be worn whenever:

- There is a possibility of foot or leg injuries from falling or rolling objects or from crushing or penetrating materials.
- The work involves exposure to hot or corrosive substances.
- Feet may be exposed to electrical hazards.
- Exposure to static electricity may call for conductive footwear.
- Working with sharp objects such as nails or spikes that could pierce the soles of ordinary shoes.
- Working with molten metal that might splash on feet or legs.

Types of Foot and Leg Protection

- Leggings - Protect the lower legs and feet from heat hazards such as molten metal or welding sparks.
- Metatarsal Guards - Strapped to the outside of shoes and protect the instep from impact and compression.
- Toe Guards - Fit over the toes of regular shoes to protect the toes from impact and compression hazards.
- Combination Foot and Shin Guards - Protect the lower legs and feet and may be used in combination with toe guards.
- Safety Shoes - Make use of impact-resistant toes and heat-resistant soles that protect the feet against hot work surfaces. Some also have metal insoles to protect against puncture wounds.

Discussion Date: _____

Employee Participants:

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